

Rules and Notes for Course Attendance

The following rules are provided to assist Leaders in charge of groups of trainees attending a course of sailing instruction, at Carsington. Please observe these simple instructions thereby helping ensure that the sailing sessions are enjoyable, beneficial and safe.

It may possible to arrange for your instructor or another member of the club to come along on your meeting night to give a short talk on the syllabus and requirements. If you feel that this would be beneficial please contact the Commodore –commodore@dassc.org.uk.

Rules

The rules of the Carsington Sailing Club – and the water activity rules in P.O.R., relevant to dinghy sailing – must be observed.

- 1. The Parental Consent form must be handed to the course administrator/instructor on the first night along with any specific information relating to individual youngsters needs.**
- 2. There must be a minimum of two CRB leaders/adults, of which at least one must be female if you have female Scouts, They must remain with their group of trainees throughout each session. They are, of course, responsible for the behaviour and discipline of their group of trainees when they are not sailing.** Assistance from adults to rig, recover the boats, assist in rescue boats and to help as necessary, ensure the youngsters gain the maximum from the course as well as to allow the instructors to provide additional assistance for those who need it.
3. Please remember that the D.A.S.S.C. are members of the Carsington Sailing Club. As such our conduct should reflect credit on all concerned. No group, or individual, is to attempt to prepare, launch or sail a dinghy in the absence of an approved Sailing Instructor. All facilities must be left clean and tidy.
- 4. Trainees and adults must wear correctly fitting buoyancy aids at all times when afloat. They must also be worn when using the pontoons.**
5. Should any untoward accidents occur then they should be reported through the normal channels.
6. The trainees must not enter the Clubhouse unless accompanied by a Leader or Sailing Instructor.
7. Swimming is not permitted in the Carsington Sailing Club waters; other than as a result of a capsize.
8. Trainees, after initial instruction, will be expected to assist with the preparation, launch, recovery and berthing of the dinghies. Leaders should ensure that their group of trainees fully involve themselves accordingly – it forms part of the training.

Please note points 3 and 4 above. In view of past experiences this is having to be strongly enforced.



Derby Area Scout Sailing Club

Commodore: John Barratt, 20 Lenton Avenue, Chaddesden, Derby DE21 6NT

Tel: 07740494528 **E-mail:** Commodore@dassc.org.uk

www.dassc.org.uk

Clothing

- Trainees should be advised to wear warm clothes and waterproofs (if possible, wetsuits are recommended) with 'old trainers' as footwear. They should also bring a change of clothes and a towel – just in case they get soaked. (Showers are available in the Clubhouse changing rooms.)
- Whilst sailing waterproof jackets and trousers are considered essential minimal outer protection. Even on a warm summer's evening it can be very cold out on the water, and dinghies do occasionally capsize. Should the conditions be severe the instructors may insist on the wearing of wetsuits for personal safety.

Contacts

- If a group finds no Sailing Instructor present at Carsington, by the session start time, please telephone John Barratt (the Commodore; 07740494528) or: Tony Allton (the Bo'sun, Derby 556368).

Sailing Fees

- Fees should be paid on receipt of confirmation of booking – **certainly no later than the 6 weeks before the first evening of each Group's training sessions.** It's both preferable to use group cheques – this avoids the handling of cash, and accounting for it.
- The cheque should be clearly marked with the groups number, so that the treasurer can record which group has paid.
- Cheques are to be forwarded to Mr. Peter Hilton (the Treasurer; Derby 551974). They should be made out to – The Derby Area Scout Sailing Club.

Notes

- We expect that all youngsters participating are capable of tying the following knots:- Reef Knot; Figure of Eight; Bowline and Round Turn & Two Half-hitches.
- If in any doubt whatsoever please ask; water can be dangerous if not treated with respect. Nevertheless sailing is a magnificent 'green' sport – to be enjoyed.

John Barratt
Commodore DASSC



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